

Year 8 PSHE Curriculum Map 2025 2026

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Autumn 1								
Being Me in My World	Who am I?	What is my family?	What are other families like?	What is the power of first impressions?	What do we know about faith and beliefs?	Assessment		
Autumn 2								
Celebrating difference	What are prejudice and discrimination?	What is injustice?	What can happen when things go right?	What is bullying?	How I can make a difference?	Assessment		
Spring 1								
Dreams and Goals	What are your Long-Term Goals?	What money can't buy?	How can I be safe online?	What do I need to know about Money and Earnings?	What is the Price of Life?	Assessment		
Spring 2								
Healthy Me	How do I support myself and my health?	What are the risks of substances?	How do I protect my physical health?	Vaccination – yes or no?	How does peer pressure affect Health choices?			
Summer 1								
Relationships	How can I be in control of myself?	How can I be in control of	How can I be in control of	How can I stay safe in	How can I stay safe in	Assessment		

		my relationships?	personal space?	the physical world?	the online world?			
Summer 2								
Changing Me	What are the different types of relationship?	What's in a relationship?	What makes a relationships last?	What is Pornography and how might it affect relationships?	What is alcohol?	Assessment		