

Curriculum Map Year 8 2025 2026

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Autumn 1	Safety In The Forest							
Unit	How can you create and lead a safety plan for an outdoor session?	How do you assess risks and decide on safety measures in the forest?	What clothing and equipment choices suit different outdoor challenges?	How do you teach tool safety and emergency procedures to others?	How can you perform basic first aid in a forest environment?	What advanced hygiene practices ensure safety during extended outdoor activities?	How do you conduct safety briefings and ensure group accountability?	
Autumn 2	Knots & Ropes							
Unit	How do you tie advanced knots like the bowline and timber hitch efficiently?	How can you combine knots to create complex rope structures?	How do you inspect and maintain ropes and knots for safety?	How can knots be used in rescue and emergency situations?	How can you teach and demonstrate knot tying skills to peers?	How do you select the right knot for different outdoor tasks?	How can you use knots creatively to solve practical challenges outdoors?	
Spring 1	Shelter Building							
Unit	How do you design a shelter to withstand harsh weather conditions?	How can you use a variety of materials to build multi-functional shelters?	How do you lead a team to construct a large shelter efficiently?	What insulation and reinforcement techniques improve shelter durability?	How do you test and evaluate shelter safety and comfort?	How can you innovate shelter designs for different environments?		
Spring 2	Fire Skills							
Unit	How do you build different types of fires for various purposes?	What safety protocols are vital during fire lighting, maintenance, and extinguishing?	How do you teach fire skills and safety to less experienced groups?	How can you use fire for warmth, cooking, and signalling safely?	How do you manage fire in challenging conditions like wind or rain?			

Summer 1	Outdoor Cooking							
Unit	How can you plan balanced meals for extended outdoor trips?	What food hygiene practices keep food safe?	How can you use various cooking methods?	How do you manage cooking timings and heat control?	How do you cleanup efficiently?	How could you incorporate safe foraging and wild food into your cooking?		
Summer 2	Map Reading & Orienteering							
Unit	How do you use compass bearings and triangulation for precise navigation?	How do grid references help in detailed map reading?	How could you plan and lead orienteering challenges?	How do you create detailed maps?	How can timing, and terrain affect navigation accuracy?	How do you adapt navigation plans in unfamiliar or difficult environments?	How can you support and lead a team during navigation challenges?	What leadership and outdoor skills have you developed this year? How will you use them next?