

Unit Focus: Sending & Receiving	
Expected Outcomes - By the end of this unit, pupils will be able to: • Throw a small ball underarm towards a large target. • Catch a large, soft ball with two hands. • Roll a ball accurately to a partner. • Work cooperatively with a partner to send and receive an object.	
Developmental Focus Opportunities • Gross Motor Skills: Developing the 'coordination' element of the ELG through whole-body throwing actions. • Fine Motor Skills: Developing hand-eye coordination and the precise hand shape needed for catching, linking to the ELG of 'using tools effectively' (in this case, their hands are the tool).	
Key Learning Points	Powerful Knowledge
• How to make a 'W' or 'cup' shape with your hands to catch. • The importance of watching the ball all the way into your hands. • How to step forward when you throw to get more power. • The difference between a throw for distance and a throw for accuracy.	• "Look at your target, not at the ball." (Your hands will follow your eyes) • "Catching starts with your eyes." (If you don't watch it, you can't catch it).
Subject-Specific Vocabulary	Reading Opportunities
Throw, Catch, Send, Receive, Target, Aim, Underarm, Overarm, Accurate, Roll.	• Reading the rules for a new throwing game on the whiteboard. • Reading scores from a target game.
Possible Misconceptions	Cross-Curricular Links
• "I should stand still to catch the ball." (Moving to the ball). • "Throwing hard is always best." (Accuracy vs. Power). • "Catching with your chest is okay." (Using 'soft hands').	• Maths: Keeping score, measuring throwing distances, understanding angles. • Science: How force affects how far an object travels. • PSHE: Working with a partner, communication.