Unit Focus: Ball Control & Simple Cooperation

Expected Outcomes - By the end of this unit, pupils will be able to:

- Demonstrate a basic pass (chest/bounce/push) to a partner.
- Stop and control a ball sent to them.
- Travel with a ball with some success (basic dribbling).
- Follow simple rules and instructions in a game.
- Work safely and cooperatively with a partner.

Developmental Focus Opportunities

- **Gross Motor Skills:** Building on the ELG to 'negotiate space safely' by learning to do so while controlling a ball. Developing the ELG for 'coordination' through passing, receiving and dribbling drills.
- **Fine Motor Skills:** Developing hand-eye coordination and the precise hand shape needed to catch and control a ball, linking to the ELG of using tools effectively.

Key Learning Points	Powerful Knowledge
• How to hold your hands to receive a pass (soft hands). • The importance of looking at your target before passing. • How to use different parts of your feet to control a football. • Understanding that spatial awareness means moving away from others to get free.	• **Controlling an object is the first step to controlling the game.** (If you can't control the ball, you can't make a good decision with it). • **Teamwork starts with simple cooperation.** (Passing and moving with one other person is the foundation of all team play).
Subject-Specific Vocabulary	**Reading Opportunities**
Pass, Receive, Control, Dribble, Travel, Space, Awareness, Chest Pass, Bounce Pass, Push Pass, Cooperation.	• Reading simple, visual rule cards for a warm-up game. • Following a visual diagram of a passing drill. • Reading keywords on a whiteboard.
Possible Misconceptions	**Cross-Curricular Links**
• I have to kick/throw the ball as hard as I can. (Power vs. Accuracy). • I should stand still and wait for the ball. (Movement to receive). • Everyone should run to the ball at once. (Crowding vs. Space).	• **PSHE:** Teamwork, communication, resolving minor disagreements. • **Maths:** Counting successful passes, understanding angles for passing. • **Science:** Understanding how force affects the ball's speed and direction.